



ONE-HOUR CHALLENGE

Support from industry professionals is essential to the growth and development of ProStart® Students. You can give just one hour of your time to visit a ProStart classroom and make a huge impact!

10 MINUTES:

Tell students about your background and how you got into the industry

10 MINUTES:

Describe what you do on a daily basis and your area(s) of expertise

25 MINUTES:

Demonstrate a skill in which you have expertise (professional culinary technique, P&L statement, mock interview, etc.)

15 MINUTES:

Take Questions



FOR MORE INFORMATION OR SCHEDULE YOUR VISIT,
email rbolotte@LRA.org, call (504) 636-6691 or visit LRAEF.org